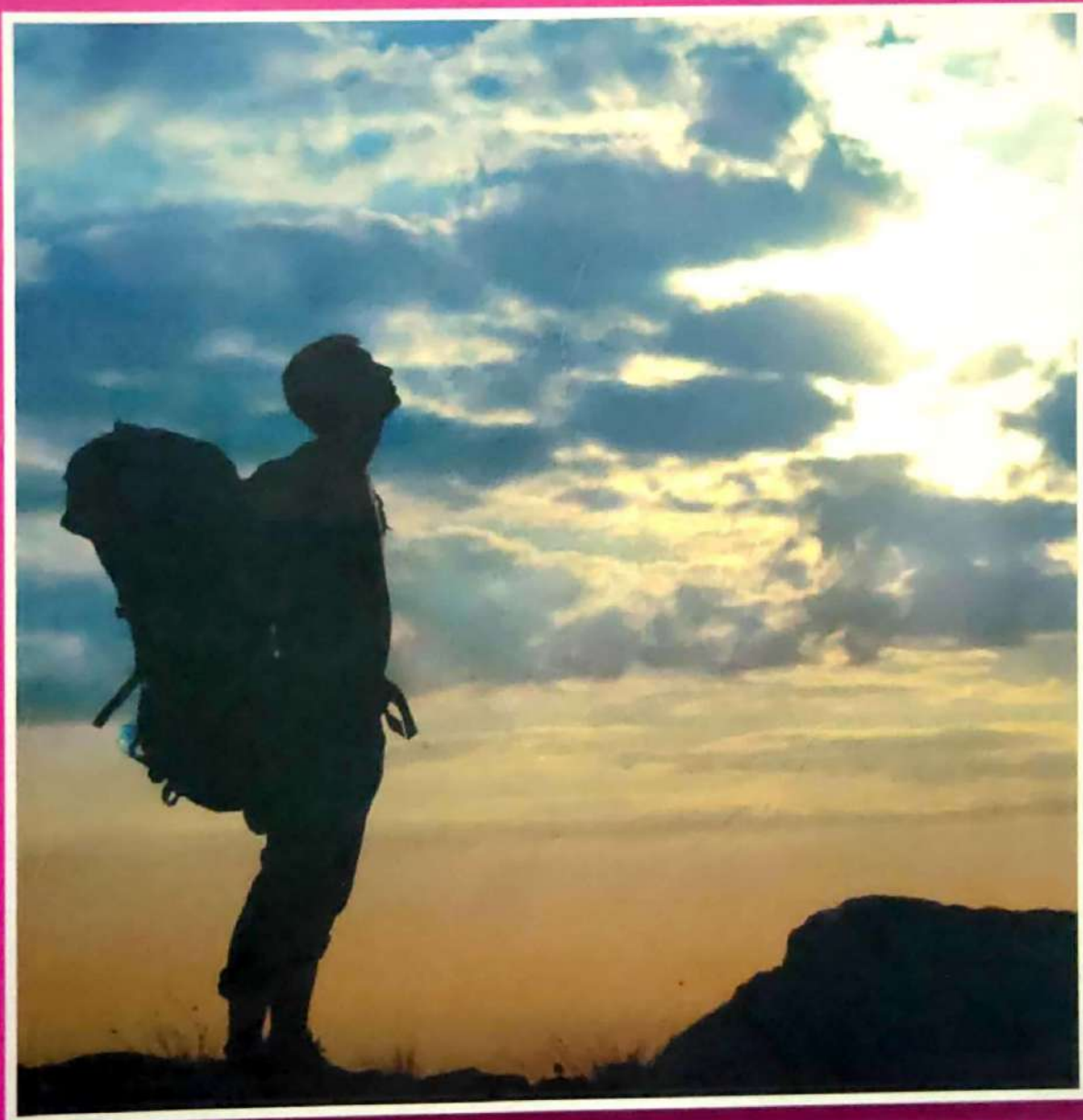


MY JOURNEY



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**VALUE EDUCATION FOR COLLEGE STUDENTS
PRE-UNIVERSITY, GRADUATE AND POST-GRADUATE COURSES
IN YCS/YSM METHODOLOGY - SEE, JUDGE and ACT**

A dialogical and activity-based guide

**For students and animators on value education by YCS/YSM INDIA
for**

SELF TRANSFORMATION

Bishop's Message



Values are principles that guide one's behaviour. They influence our actions and attitudes, and become our framework for living. They influence our relationship with ourselves and others. The wide range of positive human values encouraged in schools include love, justice, peace, patience, respect, fairness, tolerance, compassion and collaboration. Values are learned through a combination of practice and instruction. Students learn what values are, how to recognize them, and how people react to them, equipping them with invaluable social skills and emotional intelligence when they are in school.

The ultimate good of human society is the good of all. The idea has been beautifully expressed in one of our ancient prayers "Let all be happy free from diseases, let men seek well of one-another, let there be no sorrow or unhappiness in this world".

Value education is rooted in Indian philosophy and culture. "Speak truth; fulfill your duties, never lax in self-study". The central task of value education is to develop people of goodwill who do not cheat, or steal, or kill; individuals who value as one both self and mankind.

This present book on Value Education by a team of writers seeks to demonstrate that value education can be adequately addressed both in the classroom and college curriculum. Particularly with an increasingly diverse composition of students and faculty, recognizing, developing, and communicating personal values, ethics, and morals.

I appreciate the efforts of the writers of this book and especially the methodology of this book which is easy to comprehend and learn values for life. As the movement states, the Review of life becomes the Way of life. I wholeheartedly recommend this book for the teenage community and college students all over India who will become the torch bearers of universal values, that will enable them to strive for building a new society, the Kingdom of God. They will be recognized as change agents which is the need of the hour. I wish that all the teachers and animators profusely make use of this book, so that they inculcate these eternal values in the lives of young men and women. May God bless you all.

+ Aloysius Paul D'Souza
Bishop of Mangalore

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MY JOURNEY

VALUE EDUCATION FOR COLLEGE STUDENTS
PRE-UNIVERSITY, GRADUATE AND POST-GRADUATE
COURSES

IN YCS/YSM METHODOLOGY - SEE, JUDGE AND ACT
A DIALOGICAL AND ACTIVITY-BASED GUIDE FOR STUDENTS
AND ANIMATORS ON VALUE EDUCATION BY YCS/YSM INDIA
FOR

SELF-TRANSFORMATION



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